



# TIP TUESDAY

A weekly guide to help you  
kick your plastic habits.

Think your face wash is harmless?

**Think again.**



Last Tuesday we asked you to send us personal tips on how you reduce your plastic footprint. Thank you for your submissions!

## **Tip 1: Try Beeswax cloth to wrap food instead of plastic wrap.**

Follow these steps to make your own:

- \* Gather a few pieces of 100% cotton fabric and put them on a baking sheet lined with tin foil.
- \* Preheat oven to 150 - 170 °F
- \* Shave and then chop a couple of ounces of beeswax
- \* Sprinkle the fabric with a light layer of beeswax
- \* Put them in the oven for 10 minutes (or until wax is melted)
- \* Take them off the hot baking sheet IMMEDIATELY
- \* To care for your cloth just rinse with cold water and a dish cloth. DO NOT use hot water.

-[theartofdoingstuff.com](http://theartofdoingstuff.com)

**June 6-12th**

## **Microplastics Awareness Week**

**Plastic Fact:** "Polystyrene" aka "Styrofoam take-out boxes" are actually made of brittle plastic. Not only does Styrofoam break into small pieces very easily and end-up in our waterways, it is also toxic to humans!

Styrofoam contains Styrene, a likely carcinogen which is released into our hot food. At restaurants and delis ask for your leftovers to be wrapped in aluminum foil or bring your own take-out container!



## **Tip 2: Use bar soap.**

"I am stopping our household use of liquid soap. At the sink, and in the shower, we are going back to using bars of soap, which have only a small paper wrapping to dispose of. And it's less expensive! But most importantly, it's much less plastic to dispose of!"

## **Tip 3: Recycle Monofilament Fishing Line.**

"I recommended you cut the fishing line into 6" or 12" pieces and recycle them at local tackle shops."

## Celebrate World Ocean's Day!

Clean Ocean Action invites you to join us  
on the Asbury Park Boardwalk  
on June 8 from 3:00-8:00 PM  
at Langosta Lounge & The Asbury Park Yacht Club  
Meet & Greet with COA Staff, Interns & Volunteers



Come celebrate World Ocean's Day, tomorrow June 8th, with the staff, interns and dedicated volunteers of Clean Ocean Action. World Ocean's Day is a global day of ocean celebration and collaboration officially recognized by the United Nations.

From 3:00 - 8:00 PM on the boardwalk outside of Langosta Lounge and the APYC COA will have an informational table available. Come meet and greet the staff and grab a drink special for World Ocean's Day! In addition, \$1 from every Narragansett beer sold will be dedicated to Clean Ocean Action! Stop by and sign our "Save the Ocean" Banner - be a voice for the ocean. See you on the boardwalk!



Go Plastics-Free and end your plastic habits today!

- 1) [Click here to sign our pledge](#)
- 2) Tell us how you're doing and share your ideas
- 3) Encourage others to take the pledge
- 4) Spread the word via Social Media

Ideas or comments about Tip Tuesday? Contact Lauren:  
[communications@cleanoceanaction.org](mailto:communications@cleanoceanaction.org)

[Click here to donate](#)

STAY CONNECTED:

