



TIP TUESDAY

A weekly guide to help you kick your plastic habits.

Watch Your Plastic-free Garden Grow!

Go Organic: Use organic mulch (helps reduce weeds), straw/hay, grass clippings, chopped leaves or compost soil instead of mixtures sold in plastic packaging.

Plant Smart: Plant from scratch and use seed packets. Purchase plants in biodegradable seedling pots.



Opt Out: Get creative and use/bring a cardboard box or an egg carton to transport your plants instead of plastic seedling trays.

Make your Own Pots: Use recycled newspaper and a glass jar.

[Watch this step-by-step video.](#)

Label Maker: Old Popsicle sticks make the best plant labels!

Vines Galore: Tired of tomato vines taking over the whole garden? Use old cloths, recycled ribbons or towels to tie plants to the wooden stakes instead of zip ties.

A Barrel Full of Water: Make a rain barrel for watering your plants instead of using a plastic hose. This provides healthier water for your plants, reuses water and even though some are made out of plastic, they are 55-gallon recycled food grade barrels.

The Water Resources Program at Rutgers provides a great brochure to explain more.



Ditch the Plastic Hose: Look into using a hose made from galvanized steel or nylon grade tubing. DO NOT use PVC or vinyl.

Prevent Weeds: Definitely skip the plastic sheeting and weed barriers! Plastic sheeting effects runoff, permeability and is an unnecessary waste. Use cloth or aluminum screen instead.



Go Plastics-Free and end your plastic habits today!

- 1) [Click here to sign our pledge](#)
- 2) Tell us how you're doing and share your ideas
- 3) Encourage others to take the pledge
- 4) Spread the word via Social Media

Ideas for or comments about Tip Tuesday? Contact Lauren:
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